Restore and backup database

mysql -u root -p courtdata < /Users/Ashmit/Documents/newcourtreferences.sql

Note while restoring database have to clear the databse before it exisits.drop database courtdata does not clear the whole database..idb files are present for each table in the mysql installation bin directory

(btw to know where mysql is installed in mac use type –a mysql)

so delete the whole folder from finder.

Or follow this link

http://stackoverflow.com/questions/17914446/mysqldump-problems-with-restore-error-please-discard-the-tablespace-before-imp